

## High School Sports

Do Students Who Play Sports In School Tend To Be More Successful In The Future?

High school is a time for young adults to try and find themselves. Some students decide to be the nerds, or join certain clubs but many students venture into the world of sports. I believe that students who play sports are more likely to stay off the streets and not partake in activities that deal with alcohol and drugs.

In today's society more and more kids find themselves on streets drinking and doing drugs. I feel that young adults who partake in sports are more likely to stay in school and get an education. Sports give students an opportunity to find themselves. One reason why kids should be involved in sports is that it allows the children to stay off trouble. The schools have a strict policy regarding grades for those who play sports. Sports give the children to have an education because the children have to do well in school to get the opportunity to play a sport they love very much. These policies, though many kids do not like them very much, keeps kids off of the streets and in the classroom. Sports not only give an incentive to going to classes and school but also doing well in school. Not only do sports academically help young adults today but also society puts great pressures on kids about how they look with great emphasis on their weight. The sports programs in school provides a great opportunity to stay healthy and in shape. As well as health issues sports also improve your self-esteem. It is hard to accomplish anything if children do not think they have it in them. In result through sports not only do become physically fit but children also feel good about themselves as a person. Another reason sports are important is that sports provide an easier way of making friends. For many making friends is a hard thing to do, but through sports children do not really have a choice but to get to know their teammates. With these friendships, children are able to build some great memories and fun times that will stay with them for the rest of their lives. A child can never have too many friends and through

my own personal experiences, I feel that friendships that are made through sports last long past high school and into college. These are only a few reasons why kids should become involved in high school sports.

In conclusion, students who partake in sports are more like to stay off the streets and do better in school. I feel that students who stay in school and partake in sports are more likely to be successful in the future.